

Schulich School of Medicine & Dentistry Clubs List

<p align="center">Addictions Outreach Club</p>	<p>The Middlesex-London Health Unit estimates that drug-related deaths have recently overtaken motor vehicle collisions as the number one cause of death in London, and the number of active IV drug users per capita in London is one of the highest in Canada, second only to Vancouver. Training in this city, will we see the impacts of drug addiction in many contexts, including our emergency medicine and internal medicine rotations, and it's important that we understand the causes of addiction and the best ways to help patients living with drug addiction. Through screenings, workshops (e.g., naloxone kit training), and community outreach events, the club will help to improve our care of these patients in addition to help reduce stigma of patients living with addiction in the greater London community.</p>
<p align="center">Anesthesiology Interest Group</p>	<p>Want to gain a better understanding of the clinical spectrum, day to day practice, and lifestyle considerations within the field of anesthesiology? Unsure about the residency and training programs required for pursuing a career in this field? The aim of the Anesthesiology Interest Group is to increase awareness within the field of anesthesiology, including intensive care medicine, pain medicine, and related sub-specialities. Through events such as interactive seminars with staff physicians and program directors as well as intubation and crash cart workshops, we provide the opportunities and resources to those medical students interested in pursuing this subspecialty.</p>
<p align="center">(Visual) Art in Medicine</p>	<p>In many ways, medicine is an art form. Whether you want to be a surgeon, a psychiatrist, a cardiologist, or a family physician, creativity is essential. In this club, you'll learn and discuss with local artist Amy Creighton-Power, as well as do hands-on workshops and go on gallery visits.</p>
<p align="center">Board and Card Organization (also incl Dungeons and Doctors)</p>	<p>Looking for something to take your mind off of a busy day of medicine? Well look no further; grab some friends and come on out for a slew of enjoyable evenings with whoever has dropped by to play board games. Personal favourites of the club are: Settlers of Catan, Risk, Poker, Monopoly, Euchre, Scrabble, Hungry Hungry Hippos, and anything you care to play.</p>
<p align="center">Christian Medical and Dental Society (CMDS)</p>	<p>CMDS aims to provide a supportive community for medical and dental students at Schulich in London who are Christian, or curious about Christianity. Throughout the year, we have a series of social events with local doctors, guest speakers, bible studies, volunteer opportunities, retreats, and weekly prayer meetings.</p>
<p align="center">DINNER (Discovering Inspiring Novel Neighbourhood Epicurean Repasts) Club</p>	<p>Every month a restaurant will be selected, we'll make reservations, and meet for dinner. Come explore all the culinary options in London!</p>
<p align="center">E.A.R.T.H (Environment, Awareness, Resources, Training and Health)</p>	<p>To increase awareness and inspire action among future health care professionals about the impact of the environment and climate change on local and global health.</p>

<p>Family Medicine Interest Group</p>	<p>The goal of the Family Medicine Interest Group is to enhance students' exposure to Family Medicine as a medical specialty and career. Information sessions will help students learn about this specialty from those in the field. In addition, we organize the full-day Clinical Skills Day, where students are invited to explore various clinical skills and topics important for general practice.</p>
<p>Gender Equality Club</p>	<p>To promote equitable healthcare and access to all genders and create a safe, welcoming environment to all, regardless of their sexual and gender identity.</p>
<p>Geriatrics Interest Group</p>	<p>Our goal is to expose medical students to the field of geriatrics as a career and equip them with knowledge and skills to better serve the aging population through workshops and lunch-time seminars.</p>
<p>Healthy Responsible Sexuality (HRS)</p>	<p>The HRS program aims to help high school students tackle some of these, often times taboo or uncomfortable topics in a rational, mature and informed manner. Through the use of video presentations, role playing, and live demonstration of contraceptive products (on inanimate objects of course!), you will stimulate and facilitate informed discussion of issues surrounding sex and sexuality. So, join us in dispelling the myths and heralding the truths about healthy responsible sex.</p>
<p>Help for the Homeless</p>	<p>Help for the Homeless hosts a weekly arts & crafts night with kids at the Rotholme Women's and Family shelter. Rotholme houses women and their families experiencing adversity, such as eviction, abuse, and addiction. Rotholme offers a safe place for these women until they feel confident enough to get back on their feet and into a new home placement with their children. By planning crafts for the kids, we also allow their moms a much-needed hour of time for themselves.</p>
<p>Hungry for Change</p>	<p>Hungry for Change is a club run by medical students at the Schulich School of Medicine and Dentistry at Western University. Our main fundraising event is a dinner gala, which involves a global health speaker, a night of discussion and entertainment, and a silent auction. The proceeds from this event go to the Global Health Electives Funding Committee at Schulich (which provides scholarships to students pursuing global health electives) and a global health not-for-profit.</p>
<p>Indigenous Health Advocacy Group (IHAG)</p>	<p>The Aboriginal Health Advocacy Group is a club for all medical students interested in becoming educated on Aboriginal experiences within the healthcare system and/or contributing to improving the health inequalities facing this population. Throughout the year, lunchtime talks by residential school survivors, traditional medicine practitioners and Indigenous health scholars help students to provide culturally appropriate healthcare by fostering an understanding of aboriginal worldview, cultural practice, and historical experience. Students will also find opportunities for observerships and electives with local and national Aboriginal health organizations. Finally, students will find opportunities interact with aboriginal youth as mentors with Big Brothers Big Sisters 'Game-On' and 'Go-Girls' program at Standing Stone Elementary School on the Oneida First Nation. As future physicians, no matter where you serve, you will be a healthcare provider to aboriginal peoples.</p>

	<p>Patients of this community report negative interactions with the healthcare system as a result of their cultural identity and are often reluctant to seek medical attention. Therefore, the Aboriginal Health Advocacy Group is dedicated to the following objectives:</p> <ol style="list-style-type: none"> 1. To identify and explore the unique healthcare needs of aboriginal patients and build skills to best serve them as healthcare providers 2. To creating a welcoming, accepting and supportive community for all aboriginal medical students.
Interprofessional Education and Integration Club (IPE)	<p>The Schulich Interprofessional Education and Integration Club intends to organize informative talks to help med students become aware of the other health professionals that we will be working with in the near future. There are several allied health professionals such as Speech and Language Pathologist, Occupational Therapists, Respiratory Therapists, Social Workers, etc. whose roles are not quite clear to us. Understanding more about their roles will help us become better clerks, residents and doctors in the future.</p>
Internal Medicine Interest Group	<p>Our goal is to provide medical students with information on internal medicine and its subspecialties. We aim to help students foster an interest in internal medicine and provide tools to succeed in clerkship and beyond.</p>
Medical Skills Club	<p>The goal of the Medical Skills Club is to help our classmates develop basic skills that would be useful in clerkship and beyond. This includes physical exam, suturing, knot-typing, etc. For the 2018-2019 school year, the focus of the club will be the physical exam, specifically for first-years. We will create opportunities to learn and practice these skills by providing tutorials and practice groups, as well as making training equipment accessible.</p>
Meds en Francais	<p>Meds en Français aims to support Schulich medical students in honing their French language skills to use in casual and medical settings.</p>
Meds on the Run	<p>Meds on the Run aims to get medical students more active by holding regular runs for individuals of all running ability in the setting of an inclusive environment.</p>
Western Medical Students for Choice (Western MSFC)	<p>Western MSFC is a chapter from MSFC, the international organization that advocates for a women's right to safe and accessible abortions and the incorporation of family planning into the medical school curriculum.</p>
Narrative Medicine Interest Group	<p>"The good physician treats the disease; the great physician treats the patient who has the disease." -William Osler</p> <p>All medicine involves storytelling. Every patient's experience is a story in the making, and every physician involved in their care plays a role in their narrative. Join us as we explore diverse methods of storytelling and learn from a variety of illness narratives.</p>
Neurology and Neurosurgery Interest Group (NNIG)	<p>NNIG is an interest group that wishes to inform medical students on the neurology and neurosurgery specialties, and organize activities related to those fields.</p>
Neurosciences Community Outreach Group (NCOG)	<p>NCOG aims to promote brain awareness to school children around London, through various activities and presentations.</p>

Newcomer Health Project	The Newcomer Health Project provides an opportunity for students to volunteer at newcomer health clinics here in London. Students will shadow physicians and may have the opportunity to take histories, assist the refugees in accessing medical care, and patient education about community services. Additionally, the NHP seeks to educate students about newcomers' experiences within the context of the Canadian healthcare system by holding a variety of workshops which are open to both London and Windsor students.
Nutrition in Medicine Club	Our goal is to provide medical students with information on concepts in nutrition as well as strategies for nutritional education to better serve future patients and understand the role food plays in health. We aim to help educate students on how nutrition is integrated into the medical field as a whole.
OB/GYN Interest Group	This group aims to introduce students to the many opportunities associated with a career in Obstetrics and Gynaecology or Family Medicine with Obstetrics. Members will have the opportunity to explore this field through presentations, interactive workshops, and department events.
Oncology Interest Group	Physicians who work in many specialties will be involved in cancer care at some point throughout their career. There is a path to oncology from almost every residency – internal medicine, surgery, radiology, OB-GYN, family medicine, and paediatrics. As of 2010, cancer is the leading cause of death in Canada. Our goal is to raise awareness about careers in oncology for medical students, and to provide resources to help them learn more about oncology.
Open Meds	<p>Open Meds is an Ally-based club for all medical students with an interest in the LGBTQ community, whether or not they identify as LGBTQ themselves. The mandate of this club will be to provide educational events for allies, as well as support and discussion space for LGBTQ medical students. No matter what specialty we choose to pursue, we will all be responsible for treating LGBTQ patients. These patients often report negative interactions with the healthcare system as a result of their sexual and/or gender identity, which can result in a reluctance to seek medical attention. We, as future physicians, have an obligation to improve healthcare delivery to this unique patient population. We are dedicated to the following objectives:</p> <ol style="list-style-type: none"> 1. To create a welcoming, accepting, and supportive community for all LGBTQ-identifying medical students 2. To identify the unique healthcare needs of LGBTQ-identifying patients and build skills to best serve them as healthcare providers.
Operation Green	Operation Green is a student-led initiative, promoting environmental sustainability by reclaiming surgical supplies for the developing world. We are always looking for interested individuals to join our team!
Organ Donation Awareness Club	The Organ Donation Awareness Club seeks to bring awareness to the misconceptions surrounding organ donation. Our goal is to facilitate members of the Schulich and Western community to sign up to be organ

	<p>donors. Furthermore, we hold educational lunchtime talks with doctors who are involved in the transplant process and families who have received or donated organs.</p>
<p>OSCE Prep 101</p>	<p>OSCE Prep 101 is geared towards helping you prepare for your TOSCEs, and more importantly the OSCE in May of second year. At each session, you will have the opportunity to practice your interviewing and/or physical exam skills in a simulated OSCE environment. Participants will receive feedback and evaluation forms from student examiners.</p> <p>OSCEs come quickly and you'll be surprised how different it is to perform a seven-minute history and physical with distinct checkmarks as compared to PCCM. This is a great way to prepare early and become familiar with performing these skills in the OSCE environment.</p>
<p>Osler Society</p>	<p>Named after the pioneering Canadian physician, Dr. William Osler, the Osler Society is the history of medicine club at UWO. We learn about the roots of modern medicine and discuss historical perspectives on major issues facing the profession today. If that sounds heavy and dull, don't worry - it's not at all! This group has a very relaxed atmosphere, and we welcome everyone. Even the elusive 3rd and 4th year students come out to our meetings! We get together every month or so to discuss topics of historical interest - very informal. Students can also have the opportunity to attend the annual History of Medicine Days conference in Calgary and to present their history of medicine research at Western's History of Medicine Colloquium. We would love for you to join!</p>
<p>Paediatrics Interest Group</p>	<p>To explore opportunities available in the field of pediatrics, and to discuss issues that kids and young adults face as they are growing up.</p>
<p>Pathology and Laboratory Medicine Interest Group</p>	<p>Pathologists play a critical role in the healthcare system and are counted on to provide the definitive and final diagnosis. The Pathology and Lab Medicine Interest Group aims to enhance the visibility of pathology as a career for medical students through inviting guest speakers, facilitating networking with faculty and community pathologists, as well as providing opportunities for shadowing and research in the field.</p>
<p>Point of Care Ultrasound Interest Group (POCUS)</p>	<ul style="list-style-type: none"> • Help students explore their interest in POCUS • Offer opportunities for students to network with physicians using POCUS in various subspecialties. • Encourage mentoring relationships with faculty and residents. • Serve as a forum to discuss current events in POCUS.
<p>Programming at Schulich</p>	<p>Programming at Schulich's goal is to introduce medical students to the worlds of computer science and data science and help them develop programming skills. As well, we help to facilitate projects which involve the application of technology and software to medical problems. There is currently a huge dearth of medical professionals that understand software deeply and becoming more familiar with technology will help physicians to become early adopters of new techniques. Additionally, using their medical domain knowledge, a technically literate physician can better</p>

	express to engineers the types of technologies that need to be built in the future.
Psychiatry Interest Group	The Psychiatry Interest Group at Schulich aims to educate medical students about psychiatry, give them opportunities for exposure to the specialty, and facilitate extracurricular experiences that may help to prepare students for clinical and research work in the field.
Public Health Interest Group	We are a group of Schulich students interested in learning more about (and potentially pursuing) the Public Health & Preventative Medicine (PHPM) residency program in Canada. Even if you are not interested in pursuing PHPM as a specialist, this interest group may appeal to you if you are interested in any and all aspects of public health, including health promotion, epidemiology, health policy, and health economics. Our mission is to provide our members with engaging events and initiatives in order to a) increase awareness of PHPM, its importance in Canada, and the role of physicians in promoting PHPM; b) provide a setting in which medical students can learn more about and discuss current & relevant topics in public health; c) pool our collective knowledge about PHPM to leverage it into our collective success in pursuing PHPM-related careers.
Radiology Interest Group	Are you interested in learning about what a career in radiology would look like? Are you interested in learning about how to approach diagnostic images, such as chest radiographs, so that you don't look silly on clerkship rotations? There's something for everyone in the Radiology Interest Group - join now and learn more!
Rural Medicine Interest Group	Join if you are interested in rural medicine!
Schulich Cooks	Not sure if pasta or water goes in the pot first? Ready to make it to the final round of Chopped? Regardless of your skill level, join Schulich Cooks to flex your culinary muscles and expand your recipe repertoire. We take turns hosting themed potlucks at each of our homes - Thai food, East Indian cooking, Italian cuisine, you name it! Bring a dish, a big appetite, and be prepared to have some fun! We also organize group cooking classes taught by professional chefs, and community service cooking events to put our skills to good use. So, join us if you have a favorite Osso Buco recipe from nonna that you want to share, or if you want to expand your gastronomic knowledge while giving back to the community - we've got it all!
Schulich Health Innovation Club (SHIC)	At the SHIC, we hope to provide a systems approach of how to solve problems in healthcare, and also describe what ideas currently exist for a modern, state-of-the-art healthcare system.
Schulich Law in Medicine Club (MedLaw)	The Law in Medicine club focuses on exploring current and past legal cases/policies pertaining to medicine. The club facilitates critical discussion and case studies, allowing medical students to explore the ethical and legal implications of medical practice. We also facilitate collaborative educational and social events with the Western and UWindsor law programs.

<p align="center">Schulich Outdoors Club</p>	<p>Do you love meeting new people, breathing fresh air and enjoying the great outdoors? Come hang out with the Schulich Outdoors Club! We share and plan outdoor events and also act as a common place where people can come together to share or plan events themselves. These events include a variety of London-specific, Windsor-specific, and cross-campus activities including but not limited to: fall and spring car camping trips, cycling trips, trail runs, hikes, apple picking, climbing, canoe/kayak/SUP excursions, cross-country skiing, skating, snowshoeing, and more!!!! No previous experience required.</p>
<p align="center">Schulich Prep 101</p>	<p>A club for first year medical students to attend case-based small-group review sessions led by second year students.</p>
<p align="center">Schulich Singers</p>	<p>The Schulich Singers are comprised of medical students who enjoy singing and creating fine artistry through choral music. This ensemble welcomes students with a range of musical and singing experience. Part of the vision of the ensemble this year is to meet weekly and support each other through our studies by relaxing through music. Common performances include the Schulich Remembrance Day ceremony, the Intergenerational Gala, class fundraisers and the Anatomy Memorial Service. The only requirements to join the group include a love of singing, dedication and desire to learn.</p>
<p align="center">Schulich Strength Club</p>	<p>Schulich Strength is a diverse group of weight room addicts! Our goal is to unite all those pursuing strength, whether it be powerlifting, weightlifting, strongman, bodybuilding or crossfit. Strength progress requires diligence and patience, both which are qualities highly valued in our medical doctors. Whether it be the classroom, the clinic or the weight room, we put 100% effort into making meaningful gains, and bettering ourselves as physicians, and most importantly, as humans. When we aren't lifting, we're eating, so even if you can't make it to a workout, we can bond over all-you-can-eat dinners with the squad! We as a club are welcoming to people of all skill levels, from those who have never lifted a dumbbell in their lives to world-record squatters, we want to help you be stronger!</p>
<p align="center">Schulich Translational Research Club</p>	<p>The focus of the Schulich Translational Research Club is to guide medical students on how they can effectively integrate research activities into their medical education and career, such that it fits their goals and promotes their success. This includes making informed decisions on the extent to which they should pursue research activities in the MD program. We will discuss the different research programs and research environments available to a Schulich medical student, and how to effectively fit them into your education. We will also present lectures by clinician scientists and researchers and discuss aspects of critical thinking in medical research.</p>
<p align="center">Schuelingo Club</p>	<p>Polyglots (or polyglots-in-process), world-travellers, culture-enthusiasts and anyone else: come hang out and exchange languages and culture in a supportive and relaxed environment. 1. "Language exchange" get-togethers are a chance to socialize and practice languages for free (or even just chat in a language you're fluent in and miss speaking). 2.</p>

	Dependent on member feedback, there may be “culture-sharing” events (i.e. international potluck, music night, international short films... all open to suggestion!)
Stem Cell Club	Working with Canada Blood Services/OneMatch, our club aims to launch stem cell drives on campus and in London. It is our goal to run several stem cell drives throughout the year. Club members will help recruit and train volunteers for drives, volunteer at the drives themselves and engage in outreach programs to recruit ethnic minorities as stem cell donors, as the current donor pool is underrepresented by these minorities. By increasing the donor pool, we increase the chances of matching a patient in need to a compatible donor. Help us save lives!
Surgery Interest Group	<ul style="list-style-type: none"> • Help students explore their interest in the field of surgery. • Provide resources for career guidance. • Offer opportunities for students to network with surgeons in various subspecialties. • Encourage mentoring relationships with faculty and residents. • Serve as a forum to discuss current events in surgery.
Surgically Oriented Anatomy Prosectors (SOAP)	Each month surgeons from various surgical specialties are invited to demonstrate a particular surgical procedure on a cadaver in the meds anatomy lab on the Western University campus. The emphasis is on the anatomical approach of a given procedure as well as what the surgeons expectancies are of medical students in terms of their anatomy knowledge. These sessions are a great way for students to gain an appreciation of what surgery is about, as well they provide students the opportunity to consolidate the anatomy they learn in lecture in a surgical context.
Sport and Rehabilitative Medicine Interest Group	The Sports and Rehabilitation Medicine Interest Group aims to inform students about Sports Medicine and PM&R specialties by hosting informative talks. The group also runs MSK clinical skills sessions and hosts other related talks (concussion, sports injuries). Any student who is interested or wants to find out more about these specialties is welcome to join!
Teddy Bear Hospital	Teddy Bear Hospital is a volunteer-driven international project that aims to reduce childhood anxiety surrounding medical environments, procedures, and professionals. Teddy Bear Hospital programs are available to all Kindergarten & Special Education classes in the London area. Community based programs are available on request.
Women in Medicine	The Women in Medicine club is a community. This club is both discussion-based and social-based. It is a great way to gain a unique perspective on careers and build a supportive community among our classmates and future colleagues. Our events will focus on celebrating achievements of women in medicine, stimulating dialogue on gender biases in our career path, and empowering female classmates to be leaders in our field.
Western Emergency Medicine Interest Group (WEMIG)	Our mandate is to strengthen the student body's awareness of the field of Emergency Medicine. Throughout the year, we host emergency medicine related workshops and talks on drug-seeking behaviour, pre-hospital

	care, and a diverse host of other topics! Through these events, we hope to excite other students about this career!
Windsor Health and Fitness Club	Welcome to WHF! Our club is a one stop shop for staying on track with your health goals. Here we will be working out together, sharing tips on eating well and helping each other maintain an overall healthy lifestyle. We're glad to have you join us!
Yoga & Meditation Club	Yoga and meditation are great ways to de-stress and re-focus during your day. Absolutely no experience necessary. Interested in these topics? Or maybe curious to give them a(nother) try? We warmly welcome you to this Schulich group for balancing around your centre of gravity and in your buzzing brain.
Youth Action Centre (YAC) Outreach	The Youth Action Centre (YAC) is a drop-in centre for troubled and homeless youth in downtown London. Volunteering at the YAC provides a great experience for those interested in providing a link between the medical school and an often-overlooked portion of the local community. A group of students go to the centre and present a health-related topic to youth living in transitional housing at the YAC. This student initiative has been in operation for the past several years and everyone is welcome to get involved!